

GLAN YR AFON, PENNAL

TO SHARE

Meat platter: Cured meats, pate, pork pie, olives, peppers, chutney, bread £13.5

Fish Platter: smoked salmon, mackerel pate, herring, whitebait, king prawns, bread £13.5

Baked Camembert, rosemary & garlic, toasted bread, red onion chutney £9.5

Breads, olives, oils & hummus £7.5

Soup of the day with fresh bread	£5.5
Welsh rarebit	£6
Chicken liver pate with toast & chutney	£6
Roasted butternut, goat's cheese, green beans & salad leaves with balsamic dressing	£6.5
Pan fried garlic mushrooms on toast	£5.5
Smoked duck & beetroot salad with walnut & maple dressing	£7
Melon, buffalo mozzarella & prosciutto with balsamic glaze	£7
Nachos, cheese, guacamole & sour cream	£5
King prawn & chorizo linguine with chilli, lime & ginger	£9/14
Crisp fried whitebait with tartare sauce	£6
10oz Welsh sirloin Steak, chips, onion rings, tomato & peppercorn sauce	£21
Welsh Lamb Steak with Dauphinoise potatoes, red cabbage & cranberry & port sauce	£19.5
Chicken Kiev with sweet potato fries, salad & lemon mayonnaise	£14
Steak burger in a bun with Welsh cheese, bacon, chili relish & skinny fries	£13
Gammon, egg, chips & peas	£11
Spiced Mediterranean fish stew with king prawns, chorizo & garlic bread	£9/14
Fillet of Salmon served with vegetables, new potatoes & Hollandaise	£14
Crisp fried haddock, chips, peas, tartar sauce	£12.5
Fillet of Plaice with a parmesan crust, king prawns, sauteed potatoes, greens & salsa verde	£14.5
Vegetarian nut roast, greens, red cabbage & vegetarian gravy	£10.5
Spicy vegetable bean burger with halloumi, guacamole & sweet potato fries	£11.5

SIDES

£3

Garlic bread - Green vegetables - Mixed salad - Onion Rings

Chips - Mash - Skinny Fries - Sweet potato fries

FOOD AND ALLERGIES AND INTOLERANCES

Please speak to our staff about the ingredients in your meal, when making your order.

Thank you

TELEPHONE: 01654 791285 TWITTER: @GLYNYRGLAN

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RHANNU

Plât cig: - Cig moch, Pate, pei porc, olewydd, pupur wedi ei stwffio, siytni, bara £13

Plât pysgod : - Eog mwg, pate macrell, pennog, pysgod bach, corgimwch-brenin, bara £13

Camembert pob wedi ei mwydo gyda garlleg a rhosmari bara a siytni nionyn £9.5

Olewydd, bara, olew olewydd & hummus £7

Cawl y Dydd gyda bara fres	£5.5
Caws pob	£6
Pate la Cyw lau gyda thost a siytni	£6
Madarch garlleg wedi ei ffrio ar tost	£5.5
Bruschetta gyda Halloumi, Afocado & jam Chili	£7
Salad tatws melys, afal a cneuen ffrengig gyda drein mel	£5.5
Nachos a caws gyda dips guacamole a hufen sur	£5
Linguine corgimwch-brenin a chorizo, chili, leim a garlleg	£8/14
Sgiwer cyw iar gyda salsa tomato	£7
Stecen Syrlwyn 10oz Cymreig, sglodion, cylch nionyn, tomato, a saws pupur	£19.5
Stecen cig oen, dauphinoise, bresychen coch & saws gwin coch	£18.5
'Kiev' Cyw iar gyda sglodion tatws melys, mayonnaise lemwn a salad	£14
Surf & turf – Stecen pluen (M/R), menyn garlleg, maelgi, madarch & sglodion	£16.5
Penfrasgyda crwst perlysiau, corn carw'r mor, corgimwch-brenin, tatws, salsa verde	£14.5
Filed o eog gyda salad asbaragws, tatws newydd a aioli	£14
Stiw pysgod gyda corgimwch-brenin, chorizo a bara garlleg	£8/14
Hadog wedi ei ffrio gyda sglodion, pys, saws tartar	£12.5
Rhost cnau llysieuwr, piwri menyn sboncen, bresychen coch & grefi	£10.5
Byrgyr sbeislyd ffa gyda caws Halloumi, guacamole & sglodion tatws melys	£10.5

AR YR OCHR

£3

Bara Garlleg – llysiau gwyrdd – Salad Cymysg – cylch nionyn
Sglodion – tatws stwnsh – Sglodion tenau – Sglodion tatws melys

ALERGEDDAU AC ANODDEFIADAU BWYD

Wrth i chi archebu, siaradwch ag aelod o staff am y cynhwysion yn eich pryd o fwyd.

Diolch yn fawr

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