

# GLAN YR AFON, PENNAL

## TO SHARE

**Meat platter:** Cured meats, pate, pork pie, olives, peppers, chutney, bread £13.5

**Fish Platter:** smoked salmon, mackerel pate, herring, whitebait, king prawns, bread £13.5

Baked Camembert, rosemary & garlic, toasted bread, red onion chutney £9.5

Breads, olives, oils & hummus £7.5

Soup of the day with fresh bread		£5.5
Welsh rarebit with bacon & poached egg		£7.5
Chicken liver pate with toast & chutney		£6
Roasted butternut, goat's cheese, green beans & salad leaves with balsamic dressing		£6.5
Pan fried garlic mushrooms on toast	£5.5	
Smoked duck & beetroot salad with walnut & maple dressing	£7	
Melon, buffalo mozzarella & prosciutto with balsamic glaze	£7	
Nachos, cheese, guacamole & sour cream	£5	
King prawn & chorizo linguine with chilli, lime & ginger	£9/14	
Crisp fried whitebait with tartare sauce	£6	
10oz Welsh sirloin Steak, chips, onion rings, tomato & peppercorn sauce	£21	
Welsh Lamb Steak with Dauphinoise potatoes, red cabbage & cranberry & port sauce		£19.5
Chicken Kiev with sweet potato fries, salad & lemon mayonnaise	£14	
Steak burger in a bun with Welsh cheese, bacon, chili relish & skinny fries	£13	
Gammon, egg, chips & peas	£11	
Spiced Mediterranean fish stew with king prawns, chorizo & garlic bread		£9/14
Fillet of Salmon served with vegetables, new potatoes & Hollandaise	£14	
Crisp fried haddock, chips, peas, tartar sauce		£12.5
Fillet of Plaice with a parmesan crust, king prawns, sauteed potatoes, greens & salsa verde	£14.5	
Vegetarian nut roast, greens, red cabbage & vegetarian gravy		£10.5
Spicy vegetable bean burger with halloumi, guacamole & sweet potato fries	£11.5	

## SIDES

£3

Garlic bread - Green vegetables - Mixed salad - Onion Rings  
Chips – Mash - Skinny Fries - Sweet potato fries

## BAGUETTES WITH A FEW CHIPS

Steak baguette with peppercorn sauce	£9.5
Cheese & pickle	£7
Smoked salmon, cucumber & cream cheese	£8.5
Bacon, lettuce & tomato	£7

## FOOD AND ALLERGIES AND INTOLERANCES

Please speak to our staff about the ingredients in your meal, when making your order. Thank you

TELEPHONE: 01654 791285 TWITTER: @GLYNYRGLAN

## I RHANNU

**Plât cig:** - Cig moch, , pei porc, pate, olewydd, pupur wedi ei stwffio, siytni, bara £13

**Plât pysgod** : - Eog mwg, pate macrell, pysgod bach, corgimwch-brenin £13

Camembert pob wedi ei mwydo gyda garlleg a rhosmari bara a siytni nionyn £9.5

**Ploughmans** - Caws Cheddar & Ham £9

Olewydd, bara, olew olewydd & hummus £7

Cawl y Dydd gyda bara fres	£5.5
Caws pob gyda bacwn & wy wedi'i botsio	£7.5
Pate la Cyw lau gyda thost a siytni	£6
Madarch garlleg wedi ei ffrio ar tost	£5.5
Bruschetta gyda Halloumi, Afocado & jam Chili	£7
Salad tatws melys, afal a cneuen ffrengig gyda drein mel	£5.5
Nachos a caws gyda dips guacamole a hufen sur	£5
Linguine corgimwch-brenin a chorizo, chili, leim a garlleg	£8/14
Sgiwer cyw iâr gyda salsa tomato	£7
Stecen Sylrlwyn 10oz Cymreig, sglodion, cylch nionyn, tomato, a saws pupur	£19.5
<b>Surf &amp; turf</b> – Stecen pluen (M/R), menyn garlleg, maelgi, madarch & sglodion	£16.5
Ham pob, wy wedi'i botsio & sglodion	£9
'Kiev' Cyw iar gyda sglodion tatws melys, mayonnaise lemwn a salad	£14
Byr gyr stecen mewn bynsen gyda caws Cymreig, bacwn, relish tsili a sglodion tenau	£13

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Gamwn, wy, sglodion a pys		£11
Penfrasgyda crwst perlysiâu, corn carw'r mor, corgimwch-brenin, tatws, salsa verde	£14.5	
Stiw pysgod gyda corgimwch-brenin, chorizo a bara garlleg	£8/14	
Filed o eog gyda salad asbaragws, tatws newydd a aioli	£14	
Hadog wedi ei ffrio gyda sglodion, pys, saws tartar		£12.5
Rhost cnau llysiuwr, piwri menynd sboncen, bresychen coch & greffi		£10.5
Byrgyr sbeislud ffa gyda caws Halloumi, guacamole & sglodion tatws melys	£10.5	

### AR YR OCHR

£3

Bara Garlleg – llysiâu gwyrdd – Salad Cymysg – cylch nionyn  
Sglodion – tatws stwnsh – Sglodion tenau – Sglodion tatws melys

### RHOL FARA GYDA SGLODION

Ham pob, caws & picl		£7
Corgimwch mewn saws "Marie rose"	£8.5	
Bacwn, letysen & tomato		£7
Stecen gyda a saws pupur	£9.5	

### ALERGEDDAU AC ANODDEFIADAU BWYD

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Wrth i chi archebu, siaradwch ag aelod o staff am y cynhwysion yn eich pryd o fwyd. **Diolch yn fawr** FFON: 01654 791285 TWITER: @GLYNYRGLAN