

# GLAN YR AFON RIVERSIDE SAMPLE MENU

## STARTERS

|   |      |
|---|------|
| Sharing board of pate, meats, parmesan, olives, chutney (to share)                            | £12  |
| Baked camembert infused with rosemary & garlic, with toasted bread & onion chutney (to share) | £9   |
| Breads, olives, oils & hummus (to share)  | £6   |
| Soup of day   | £5   |
| Melon & Crayfish with a Thai spiced mayo  | £7   |
| Chicken liver pate, toast, chutney  | £5.5 |
| Sweet potato ribbon, hazelnut & apple salad with honey dressing                               | £5.5 |
| King Prawn & chorizo linguine with chilli, lime & ginger                                      | £8   |
| Warm Duck & orange salad, balsamic dressing   | £6.5 |
| Goat's cheese, roasted pepper and butternut squash salad                                      | £6   |
| Crisp fried whitebait with tartar sauce   | £6   |
| Nachos & cheese with guacamole & sour cream   | £5   |
| Welsh rarebit   | £5   |

## MAIN COURSES

|  |       |
|--|-------|
| Roast Beef, yorkshire pudding, roast potatoes  | £10   |
| Roast leg of Lamb, caramelized onions, roast potatoes  | £10   |
| Roast loin of Pork, apple sauce, roast potatoes  | £10   |
| <b>All of the above roast's come with red cabbage, carrot &amp; parsnip mash,<br/>broccoli &amp; cauliflower cheese, gravy</b> |       |
| Fillet of wild sea bass with king prawns, lemongrass, ginger & spring onion butter, samphire & vegetables                      | £17.5 |
| Crisp fried haddock, chips, peas, tartar sauce   | £12   |
| Fillet of plaice grilled with a parmesan crust, king prawns, salsa verde, new potatoes & greens                                | £14.5 |
| Griddled haloumi salad   | £6/10 |
| Roasted Mediterranean vegetable pancake, Provencale sauce, skinny fries & salad  | £10.5 |

## POTATOES

|              |      |
|--------------|------|
| Chips        | £2.5 |
| Skinny Fries | £2.5 |
| Mash         | £2.5 |
| New potatoes | £2.5 |

## SIDES

|                  |      |
|------------------|------|
| Garlic Bread     | £2.5 |
| Green vegetables | £2.5 |
| Mixed Salad      | £3   |
| Onion Rings      | £3   |

## DESSERTS

|   |      |
|---|------|
| Eton mess bomb with fruit compote                       | £5.5 |
| Vanilla Crème brulee with a shortbread biscuit          | £5.5 |
| Treacle tart with custard                               | £5.5 |
| Lemon & lime Cheesecake                                 | £5.5 |
| Profiteroles with chocolate sauce                       | £5.5 |
| Blackberry & apple Crumble with Custard                 | £5.5 |
| Lemon Possett with raspberry sorbet                     | £5.5 |
| Chocolate tart with Jaffa cake ice cream                | £5.5 |
| Selection of "Aberdyfi Sweet Shop" Ice cream (3 scoops) | £5   |

## CHEESE PLATE

|                                |    |
|--------------------------------|----|
| perl las (Welsh blue)          |    |
| perl wen (welsh brie)          |    |
| Welsh cheddar                  |    |
| served with biscuits & chutney | £7 |

## COFFEE & TEA

|            |       |           |       |               |      |
|------------|-------|-----------|-------|---------------|------|
| Cappuccino | £2.25 | Espresso  | £2.25 | tea selection | £2   |
| Latte      | £2.25 | Americano | £2.25 | hot chocolate | £2.5 |

## FOOD AND ALLERGIES AND INTOLERANCES

Please speak to our staff about the ingredients in your meal, when making your order. **Thank you**

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OPEN 6 DAYS A WEEK TUES TO FRI 12NOON-3PM, 6-11PM  
(CLOSED MONDAYS OTHER THAN BANK HOLIDAYS)  
SAT TO SUN 12NOON-11PM  
TELEPHONE: 01654 791285 TWITTER: @GLYNYRGLAN

# GLAN YR AFON RIVERSIDE

## DECHRAU

|   |      |
|---|------|
| Bwrdd Rhannu o pate, cig moch, parmesan, olewydd, picl (l rhannu)                   | £12  |
| Camembert pob wedi ei mwydo gyda garlleg a rhosmari bara a siytyn nionyn (l rhannu) | £9   |
| Olewydd, bara, olew olewydd & hummus (l rhannu)                                     | £6   |
| Cawl y Dydd   | £5   |
| Melon gyda Cimwch coch mewn mayoniase spies Thai                                    | £7   |
| Pate iau cyw ia gyda siytyn a thost   | £5.5 |
| Salad tatws melys, afal a cneuen gollen gyda drein mel                              | £5.5 |
| Linguine corgimwch-brenin a chorizo, chili, leim a garlleg                          | £8   |
| Salad Hwysaden cynnes gyda salad oren a dresin balsamic                             | £6.5 |
| Salad caws gafr, pupur rhost & cnau menyn   | £6   |
| Pysgod bach wedi ei ffrio gyda saws tartar  | £6   |
| Nachos a caws gyda dips guacamole a hufen sur                                       | £5   |
| Caws pob  | £5   |

## PRIF CYRSIAU

|   |     |
|---|-----|
| Rhost o Eidion, pwdin efrog, tatws rhost                    | £10 |
| Rhost o coes Oen, nionod wedi'u caramelleiddio, tatws rhost | £10 |
| Rhost o lwyn Porc, saws afal, tatws rhost                   | £10 |

### Cinio rhost gyda - bresychen coch, stwnsh panasen a moronen, broccoli & blodfresychen mewn saws caws & greffi

|   |       |
|---|-------|
| Filled o Draenogiad y môr, corgimwch-brenin mewn menyn sinser, lemwn wellt & sibols & llysiau             | £17.5 |
| Hadog wedi ei ffrio gyda sglodion, pys, saws tartar   | £12   |
| Filled o lleden a corgimwch brenin gyda chrwst parmesan, salsa verde, tatws tatws wedi ei ffrio a llysiau | £14.5 |
| Salad haloumi cynnes  | £6/10 |
| Crempog wedi ei lenwi gyda llysiau Mediteranaidd rhost saws provencale, sglodion tennau a salad           | £10.5 |

## TATWS

|                 |      |
|-----------------|------|
| Sglodion        | £2.5 |
| Sglodion tennau | £2.5 |
| Tatws stwns     | £2.5 |
| Tatws newydd    | £2.5 |

## AR Y OCHR

|                |      |
|----------------|------|
| Bara Garlleg   | £2.5 |
| Llysiau gwyrdd | £2.5 |
| Salad cymysg   | £3   |
| Cylch nionyn   | £3   |

## PWDIN

|   |      |
|---|------|
| Eton Mess' mefusen gyda compot aeronen    | £5.5 |
| Crème brulee fanila gyda bisged           | £5.5 |
| Tarten triog gyda cwstard                 | £5.5 |
| Cacen caws lemwn a leim                   | £5.5 |
| Crymbl afal a mwyaren gyda cwstard        | £5.5 |
| Possett lemwn gyda sorbet mafonen         | £5.5 |
| Profiteroles gyda saws siocled            | £5.5 |
| Tarten siocled gyda hufen ia 'Jaffa Cake' | £5.5 |
| Hufen ia "Sweet Shop Aberdwy" dewis o 3   | £5   |

## PLÂT CAWS

|                      |    |
|----------------------|----|
| perl las (caws glas) |    |
| perl wen (brie)      |    |
| cheddar cymreig      |    |
| bisgedi & siytyn     | £7 |

## COFFI A TE

|           |       |           |       |                |      |
|-----------|-------|-----------|-------|----------------|------|
| Cappucino | £2.25 | Espresso  | £2.25 | Detholiad o te | £2   |
| Latte     | £2.25 | Americano | £2.25 | Siocled poeth  | £2.5 |

## ALERGEDDAU AC ANODDEFIADAU BWYD

Wrth i chi archebu, siaradwch ag aelod o staff am y cynhwysion yn eich pryd o fwyd. **Diolch yn fawr.**

AR AGOR 6 DIWRNOD YR WYTHNOS NOS MAWRTH - GWENER 12-3PM, 6-11PM  
(AR GAU DYDD LLUN HEB LAW AM GWYL Y BANC)  
SADWRN & SUL 12-11PM  
FFON: 01654 791285 TWITER: @GLYNYRGLAN